



Deja Wilson
Activities Coordinator
(ALF)

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Winter Haven, FL

Summary:

Dedicated and compassionate Activity Coordinator with a diverse background in healthcare, education, and customer service. Highly skilled in enhancing the quality of life for residents in assisted living facilities through engaging activities and personalized care. Proven ability to create a positive and supportive environment for seniors, fostering their physical, emotional, and social well-being.

Professional Experience:

Activity Coordinator | Family Extended Care | Winter Haven, Florida | DEC 2022 - Present

- Plan and coordinate a wide range of activities to meet the physical, emotional, and social needs of residents.
- Develop personalized activity plans based on residents' preferences, physical abilities, and cognitive levels.
- Lead group exercises, games, and social events to promote physical fitness and social interaction among residents.
- Organize outings, trips, and special events, ensuring the safety and enjoyment of all participants.
- Collaborate with healthcare professionals to design programs that address specific health and wellness goals.
- Maintain detailed records of residents' participation and progress, adjusting activities as needed.
- Foster a positive and welcoming atmosphere, building strong relationships with residents and their families.

Resident Care Aide | Family Extended Care | Winter Haven, Florida | MAR 2022 - NOV 2022

- Provided personalized in-home care and support to elderly clients, assisting with activities of daily living.
- Administered medication, monitored vital signs, and ensured a safe and comfortable living environment.
- Established trusting relationships with clients, offering companionship and emotional support.
- Collaborated with healthcare professionals to implement care plans, adapting as clients' needs changed.
- Managed meal planning and preparation, ensuring dietary requirements and preferences were met.
- Assisted with mobility exercises and physical therapy to improve clients' strength and independence.

Home Health Aide | Amello Healthcare | Tampa, Florida | JUN 2019 - MAR 2022

- Assisted clients with their daily living activities, including bathing, grooming, dressing, and meal preparation.
- Monitored vital signs as per the care plan.
- Provided emotional support and companionship to clients, ensuring their mental and emotional well-being.
- Helped clients with mobility and ambulation, including the use of mobility aids such as walkers and wheelchairs.
- Maintained a clean and safe home environment, performing light housekeeping duties.
- Reported and documented client condition changes to the nursing and care team.
- Worked closely with healthcare professionals to develop and update care plans.

Home Health Aide | Maxim Healthcare | Winter Haven, Florida | AUG 2019 - JUL 2020

- Assisted clients with their daily living activities, including bathing, grooming, dressing, and meal preparation.
- Monitored vital signs as per the care plan.
- Provided support and companionship to clients, ensuring their mental and emotional well-being.
- Helped clients with mobility, including the use of mobility aids such as walkers and wheelchairs.
- Maintained a clean and safe home environment, performing light housekeeping duties.
- Reported and documented client condition changes to the nursing and care team.
- Worked closely with healthcare professionals to develop and update care plans.

Pre-school Teacher | St. John's Methodist | Winter Haven, FL | OCT 2016 - MAR 2019

- Created and implemented developmentally appropriate lesson plans for preschool-aged children.
- Promoted early childhood education by providing a stimulating and nurturing learning environment.
- Fostered social and emotional growth through activities that encouraged cooperation and problem-solving.
- Maintained open communication with parents, reporting on children's progress and addressing concerns.
- Ensured a safe and clean classroom, adhering to all health and safety regulations.
- Organized special events, field trips, and parent-teacher conferences to engage families in the educational process.

Pre-school Teacher | Neighborhood Pre-School | Haines City, USA | Feb 2011 - Oct 2016

- Created and implemented developmentally appropriate lesson plans for preschool-aged children.
- Promoted early childhood education by providing a stimulating and nurturing learning environment.
- Maintained communication with parents, reporting on children's progress and addressing concerns.
- Ensured a safe and clean classroom, adhering to all health and safety regulations.
- Planned special events, field trips, and engaged families in the educational process.

Education:

- **Goliath Academy** | West Palm, FL | MAR 2022
- **University Christian Academy** | Kissimmee, FL | NOV 2011

Skills:

- Activity planning and coordination
- Compassionate care and support
- Personalized care planning
- Interpersonal communication
- Team leadership
- Record keeping
- Education and instruction
- Customer service
- Problem-solving
- Multitasking

Certifications:

- ALF Core & Business (Dec 2022)
- Certified Home Health Aide (HHA)
- First Aid and CPR Certified
- APD Professional
- ECE Childhood Education

References:

Available upon request.
